

CONTENTS

INTRODUCTION ≡ vii

≡ TONGUE THRUST CORRECTION PROGRAM ≡ 1

TONGUE THRUST CORRECTION PROGRAM SESSIONS ≡ 3

SCREENING MATERIALS ≡ 7

- Tongue Thrust Screening Form: Background Information 9
- Tongue Thrust Screening Form: Swallowing Evaluation 10
- Swallowing Observation: Speech–Language Pathologist Instructions 12
- Orthodontist Letter 13

PARENT AND STUDENT EDUCATION MATERIALS ≡ 15

- Getting Started 17
- Parent Information: What Is Tongue Thrusting? 18
- Suggestions to Parents 19

ORAL-MOTOR RESOURCES ≡ 21

- Tongue Exercises 23
- Lip Exercises 24
- Swallow Activities 25
- Tongue Exercise Cards 26
- Lip Exercise Cards 27
- Swallow Activity Cards 28

SESSION MATERIALS ≡ 29

- Session 1
 - Contract 31
 - The New Swallow 32
 - Home Chart 1 33
- Session 2
 - The Slurp Swallow 34
 - Home Chart 2 35

Session 3
The New Swallow: Do's and Don'ts 36
Home Chart 3 37

Session 4
Home Chart 4 38

Session 5
Home Chart 5 39
Snack Swallow Game 40

Session 6
Home Chart 6 41
Note to Parents 42

Session 7
Reminding Myself 43
Home Chart 7 44

Session 8
Home Chart 8 45

Session 9
Home Chart 9 46

Session 10
Self-Examination 47
Home Chart 10 48

Session 11
Reminders for Checking Your Swallows 49
Home Chart 11 50

Blank Lesson Form 1 51
Blank Lesson Form 2 52

Certificate of Achievement 53

≡ S ARTICULATION CORRECTION PROGRAM ≡ 55

S ARTICULATION PROGRAM SEQUENCE ≡ 57

PARENT, TEACHER, AND STUDENT EDUCATION MATERIALS ≡ 59

Parent Introduction Letter 61
Classroom Teacher Introduction Letter 63
Tracking My Progress: Student Record Keeping 64
Tracking Your Child's Progress: Parent Record Keeping 65
Parent Update Letter 66

RECORD KEEPING ≡ 67

Tracking Progress Form 69

INSTRUCTIONAL WORKSHEETS/SPEECH HOMEWORK SHEETS ≡ 71

Worksheet 1: S Word (initial)	73
Worksheet 2: S Word (initial)	74
Worksheet 3: S Word (initial)	75
Worksheet 4: S Word (initial)	76
Worksheet 5: S Word (final)	77
Worksheet 6: S Word (final)	78
Worksheet 7: S/Z Word (i, m, f) st (f)	79
Worksheet 8: S/Th Word (initial, final)	80
Worksheet 9: S Blends Word (initial)	81
Worksheet 10: S Blends Word (initial)	82
Worksheet 11: S Clusters Word (initial)	83
Worksheet 12: S Blends Word (initial, final)	84
Worksheet 13: S Word Sets, Phrases (initial)	85
Worksheet 14: S Sentence (Mixed Practice)	86
Worksheet 15: S Sentence (Mixed Practice)	87
Worksheet 16: S Sentence (Mixed Practice)	88
Worksheet 17: S Rhymes (initial)	89
Worksheet 18: S Rhymes (final)	90
Worksheet 19: S Rhymes (Mixed Practice)	91
Worksheet 20: S/Th Rhymes (initial, final)	92
Worksheet 21: S/Z/Th Rhymes (Mixed Practice)	93
Worksheet 22: S Rhymes (Mixed Practice) st (f)	94
Worksheet 23: S Story Practice	95
Worksheet 24: S Story Practice	96
Worksheet 25: S Story (Mixed Practice)	97
Worksheet 26: S Story (Mixed Practice)	98
Worksheet 27: S Story (Mixed Practice)	99
Worksheet 28: S Story (Mixed Practice)	100
Worksheet 29: S Story (Mixed Practice)	101
Worksheet 30: S Story (Mixed Practice)	102

Worksheet 31: S Story (Mixed Practice) 103
Worksheet 32: S Conversation Practice 104
Worksheet 33: S Interactive Practice 105
Worksheet 34: S Interactive Practice 106
Worksheet 35: S Role-Playing Practice 107
Worksheet 36: Reminder Ideas 108
Worksheet 37: Conversation Practice 109
Worksheet 38: Reminder Notes 110

Classroom Teacher Letter: Final Phase 111
Certificate of Achievement 112

ABOUT THE AUTHOR ≡ 113

© copyrighted material by PRO-ED, Inc.