

Appendix A: Tools

I. Assessments 107

Arousal Scale
Student Skills Evaluation
Student Skills Self-Assessment
Class Skills Assessment

II. Individual Counseling 113

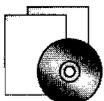
Counseling Office Equipment
Referral for Counseling
Solution-Focused Interview Guide
Tasks for Individual Sessions
Individual Counseling Outcomes

III. Group Counseling 121

Strategies for Self-Regulation (SSR) Groups
Parent Consent Letter and Form
Group Sessions Plan
Group Sessions Outlines
Individual Group Diary
Group Notes and Evaluation
© Group Counseling Outcomes

IV. Crisis Response 137

Taking Care of the Helper
First Aid for Trauma Prevention
Counseling Log
Crisis Counselors Roster



All items are available in reproducible form on the CD.