## INDEX



```
AA. See Alcoholics Anonymous (AA)
AAMFT. See American Association for Marriage and Family Therapy (AAMFT)
ABC Model of Psychiatric Screening, 68-69
ABCT. See Alcohol Behavioral Couple Therapy (ABCT)
Abuse, 104, See also Alcoholism/alcohol abuse; Childhood sexual/physical abuse; Substance abuse
ACA. See Adult children of alcoholics (ACAs)
Acculturation level, 230, 233, 288-289
ACSAP. See Army Center for Substance Abuse Programs (ACSAP)
Active treatment stage for dually diagnosed patients, 68
ADA. See Americans with Disabilities Act (ADA)
                                                      aterial by PRO.ED. Inc.
ADAM. See Arrestee Drug Abuse Monitoring Program (ADAM)
Addiction. See also Alcoholism/alcohol abuse; Illegal drugs; Substance abuse
      brain chemistry of, 137
      characterizing individuals and assessing their needs, 6-9
      cognitive impairment and, 137-138
      definition of, 4
      disease model for, 4, 5, 81, 301, 302
      drug craving and, 137
      etiology of, 3-6, 69-70, 104, 152-158, 165-166, 231-235
      physiological factors in, 7
      psychological factors in, 8-9
      relapse and relapse prevention, 138-139
      sociological factors in, 7, 8
      training of addictions counselors, 2-3, 70, 218-219
ADHD, 253, 341
Adjuster role in family, 182, 184
Adolescent substance abuse, See also Children of alcaholics (COAs)
by African Americans, 128–129, 143
      alcohol abuse and, 173, 243
      assessment of, 259-263
      characteristics of adolescence, 246-247
      children of alcoholics (COAs) and 173
      compared with adult substance abuse, 246-247
      distinction between substance use and abuse, 248-250
      family therapy for, 250-252, 258-259
      fatalities resulting from, 245
      by gay adolescents, 214
      gender and treatment considerations, 255-256
      by Hispanics, 231, 232-233
      marijuana use and, 243
      motivations for, 246-250
      multidimensional approach to treatment for, 252-254
      by Native Americans, 275
```

and needs of adolescents, 254-256

negative impact of, 245-246 prevention programs for Hispanic adolescents, 239-240 recognizing adolescent conflict in treatment, 247-248 relapse/aftercare for, 267-268 resources on, 273-274 statistics on, 243-245, 253-254, 381 street youth and, 330, 339-342 treatment engagement for, 257-259 treatment for, 244-245, 247-248, 250-269 treatment length and accessibility for, 256-257 treatment model for, 264-267 treatment setting for, 263-264 types of, 248-249 unified model for treatment for, 254-268 Adult children of alcoholics (ACAs). See also Children of alcoholics (COAs) , 332
, 243
Wildhted Material by PRO-ED, Inc. alcoholism in, 19, 27-28, 172 assortative mating and, 194-195 coinage of term, 190 developmental model of, 195-202 family dynamics in birth families of, 180-181 popular literature on, 190 problems of, 191-202 resources on, 212 responses of, to parental drinking styles, 205 treatment of, 198-202 Adult Children of Alcoholics (Web site), 212 Affective disorders, 49-56 AFMS. See Air Force Medical Service (AFMS) African Americans addiction and substance abuse by, 125-144, 329, 331, 332 as adult children of alcoholics (ACAs), 194 AIDS and, 334 alcohol abuse and, 14-15, 94, 128-129 cigarette smoking by, 126-127, 128, 129, 243 Civil Rights Movement and, 131 definition of, 129 demographic information on, 126 drug arrests of, 126 family systems of, 132-135 fetal alcohol syndrome (FAS) and, 22 health problems of, 126-128 history of, 129-133 homelessness of, 329, 343-344 life expectancy of, 125 marriage and divorce rates of, 134 mental illness and, 128 poverty of, 131, 134 prevention of substance abuse by, 142-143 in prisons, 393-394 single-parent households of, 134

```
slavery and, 130, 133-134
      spiritual and religious beliefs of, 130, 133-134
      statistics on, 126, 134
      treatment of substance abuse in, 125-126, 135-144
     young African Americans and substance abuse, 128-129, 143
Aging. See Older adults
AIDS. See HIV/AIDS
Air Force, 373, 379. See also Military
Air Force Medical Service (AFMS), 379
Al-Anon for Families of Alcoholics, 34, 43, 162, 189, 379
Alakid, 189
Alateen, 189, 379
Alcohol and Drug Abuse Crisis Line, 43
Alcohol and Drug Abuse Hotline, 43
Alcohol and Drug Helpline, 43
Alcohol Behavioral Couple Therapy (ABCT), 32
    Alcohol dehydrogenase (ALDH), 280-281
Alcohol-related automobile accidents, 245
Alcohol Use Disorders Identification Test (AUDIT), 151
Alcohol Use Scale-Revised (AUS-R), 65
Alcoholics Anonymous (AA)
      Web site and phone number for, 43
      women and, 33-34
Alcoholism/alcohol abuse. See also Addiction; Adolescent substance abuse; Adult children of alcoholics;
   Alcoholics Anonymous (AA); Assessment; Children of alcoholics; Self-help groups; Substance abuse;
   Treatment and prevention of alcoholism and substance abuse
      anxiety and, 47-48
      athletes and, 362-363
      as behavioral disorder, 4-6
      binge drinking, 14, 128-129, 205, 245, 334, 373-374
```

bipolar depression and, 49, 50, 51 characterizing individuals and assessing their needs, 6-9 consequences of, 19-22 criminal population and, 21, 386-388 definition of, 3-4 depression and, 49-56, 9697 disease model for, 4, 5, 81, 301, 302 domestic violence and, 23-26 "dry drunk," 44 early-versus late-onset of, 93 ethnicity and, 14-15, 94, 128-129 family history of, 19, 27-28, 30, 153-154, 172, 177-178, 202-205, 234-235 fetal alcohol syndrome (FAS), 21-22, 43, 128, 281 in gay men and lesbian women, 213-218 maternal drinking and its effects on children, 26, 179 material by PROLLD, Inc. men and, 14, 19-21, 30, 93-94 in military, 373-377 mixing of alcohol and prescription drugs, 417 Native Americans and, 15, 275, 278-288 normative support for recreational use of alcohol, 154 older adults and, 92-104, 113 physicians and, 150, 151-152, 158 physiological factors in, 7 posttraumatic stress disorder (PTSD) and, 18 psychological factors in, 8-9 rape and, 17, 24-25 "self-medication" hypothesis of, 47 sexual functioning of women and, 22-23 sociological factors in, 7, 8 sociopathy and, 58-62 statistics on, 13-14, 49, 92-95, 331 stress and, 155-156 women and, 13-35, 93-94 Alcoholism treatment and prevention. See Treatment and prevention of alcoholism and substance abuse ALDH. See Alcohol dehydrogenase (ALDH)

"All-or-none" functioning, 200

Alternative prevention programs, 143

Alternative recovery approach. See Non-12-step recovery

Alvord-Baker Social Skills Group Model, 207-208

AMA. See American Medical Association (AMA)

American Association for Marriage and Family Therapy (AAMFT), 218, 219

American Educational Gender Information Service, 225

American Indian Freedom Act Amendments (1994), 294

American Indian Religious Freedom Coalition, 294

American Indians. See Native Americans

American Medical Association (AMA), 94, 95, 149-150

American Psychological Association, 218

American Society of Addiction Medicine, 378

Americans with Disabilities Act (ADA), 406

Amphetamines, 56, 112, 217, 359-361

```
Anabolic steroids, 353-357, 369
Androstenedione, 358
Antabuse, 417
Anti-Drug Abuse Act (1986), 132
Antidepressants, 52, 107
Antisocial behavior. See Sociopathy
Anxiety
      alcoholism and, 47-48
      chronic anxiety versus acute anxiety, 305-306
      diagnosis and treatment of, 48-49
      dually diagnosed patients and, 46-49
      "self-medication" hypothesis of, 47
Army, 379. See also Military
Army Center for Substance Abuse Programs (ACSAP), 379, 382
Army Substance Abuse Program (ASAP), 379, 382
                                           John Daterial by PROFFED, MC.
Arrestee Drug Abuse Monitoring Program (ADAM), 387
ASAP. See Army Substance Abuse Program (ASAP)
Asian Americans, 15, 331
Assessment. See also specific assessment instruments of adolescent substance abuse, 259-263
      client's history and, 65-66
      detection and, 64, 65
      DSM-IV-TR and, 64-65, 77, 99, 149
      of dually diagnosed patients, 64-66
      family diagram for, in Bowen Family Systems Therapy (BFST), 316-317
      functional analysis, 65
      functional assessment, 65
      of Native Americans, 287-288
      of older adults for alcohol abuse, 97-100
      of physicians for alcohol abuse, 150-151, 158
      steps of, 64-65
      treatment planning and, 65
Assortative mating, 194–195
Athletes
      alcohol abuse by, 362-363
      amphetamines for, 359-361
      anabolic steroids for, 353-357, 369
      cocaine for, 363-364
      lifestyle-related drugs and substances for, 362-364
      nutritional and dietary supplements for, 357-358
      pain killers for, 361-362
      performance-enhancing drugs for, 354-362
      sociological perspective on, 365-366
      substance abuse by, 349-370
      treatment for, 366-370
AUDIT. See Alcohol Use Disorders Identification Test (AUDIT
AUS-R. See Alcohol Use Scale-Revised (AUS-R)
Baby Boomers. See Older adults
Barbiturates, 55
```

Baseball, 357-358, 369. See also Athletes

Basketball, 354, 368. See also Athletes Beck Depression Inventory, 50, 51, 55 Behavioral Marital Therapy (BMT), 32 Belonging, 290-291 Benzodiazepines, 107, 108-109, 150, 151, 155 BFST. See Bowen Family Systems Therapy (BFST) Bicultural competence, 138-139 Bidirectional models of dually diagnosed patients, 46 BiNet USA, 225 Binge drinking, 14, 128-129, 205, 245, 334, 373-374. See also Alcoholism/alcohol abuse Bipolar depression, 49, 50, 51 Blacks. See African Americans Blamer role in family, 179 Blindness and visual impairment, 419-421 Blood alcohol level, 100, 280 BMT. See Behavioral Marital Therapy (BMT) Joint BOP. See Bureau of Prisons (BOP) Substance Abuse Program Borderline personality disorder, 59 Bowen Family Systems Therapy (BFST) Brain chemistry and addiction, 137 Brain damage from alcoholism, 20 Breast cancer, 20 Brief MAST, 99 Bureau of Justice Assistance, 387 Bureau of Prisons (BOP) Substance Abuse Program, 398 CAGE, 99, 100 California Physician Diversion Program, 160, 162-163

CAGE, 99, 100
California Physician Diversion Program, 160, 162–163
Calix Society, 80
CBT. See Cognitive behavioral therapy (CBT)
CDDR. See Customary Drinking and Drug Use Record (CDDR)

```
Challenge Model Therapy, 207
Challenge Model versus Damage Model, 205-207
Change
      intervention and, 102-103, 140
      maintenance and, 141
      motivation and, 139, 141
      natural self-change versus therapeutic intervention, 140
      as process, 139
      stages of, 139-141
      treatment and, 9-10, 139-141
Chief enabler role in family, 180
Child Protection/Alcohol and Drug Partnership Act, 35
Child Welfare League of America, 43
Childhood sexual/physical abuse
      and alcoholism in women, 18-19, 23-24
      children of alcoholics and, 173, 175, 178
      homelessness and, 329, 344
      lesbian women and, 217-225
Children From Alcoholic Families Program, 186-190
Children of alcoholics (COAs). See also Adolescent substance abuse; Adult children of alcoholics (ACAs)
      alcohol dependence of, 173, 204
      coping mechanisms of, 171-172, 183
      family dynamics and, 173-180
      family violence and, 173
      intergenerational transmission of alcoholism and, 172, 177–178, 202–205, 234–235 maternal drinking and, 26, 179
      mental health problems of, 172-173, 178
      parentification and, 174, 176
      prevention program for, 186-190
      problems of, 172-180
      after recovery of alcoholic parent, 171-172, 182-
      resilience of, 205-208
      resources on, 212
      role behavior in, 175-176, 179-184
      statistics on, 172, 202
      treatment for, 183-186, 207-208
Christian Crisis Drug and Alcohol Hotline, 43
Cigarette smoking, 126-129, 173, 229, 231-233, 243, 374
Circumstantial-situational users, 249
Cirrhosis from alcoholism (19)
Civil Rights Movement, 131
Coalcoholic, 311
Cocaine, 56, 62, 112, 132, 154, 215, 217, 328, 332, 363-364, 387. See also Crack cocaine
Codependency versus fusion, 311-312
Cognitive behavioral therapy (CBT), 293
Cognitive impairments, 137-138, 405. See also Individuals with disabilities
Common factor model of dually diagnosed patients, 46
Community-based prevention programs, 142-143
Community outreach programs, 102, 293-294
```

Center for Substance Abuse Treatment, 157

```
16 - 17
Compulsive users, 248-249
Computer role in family, 180
Confidentiality, 221
Confrontation, 60-62
Consequences, 62
Conversion therapy, 219
Cornerstone Prison, 397
Corraling, 62
Cost-benefit analysis, 67
Counselors
       for dually diagnosed patients, 63-64
       paraprofessional addictions counselors, 2-3
       school counselors and children of alcoholics, 186
       training in addictions for, 2-3, 70
     are and, 21, 386–388

arrestees, 387

Bureau of Prisons Substance Abuse Program for, 398
causality of criminal behavior and substance abuse, 388–393
drug court for, 398–399
inmates, 229, 387–388
legislative approaches to substance abuse andcrime, 388
innearested criminals, 386–387
revalence of substance abuse within ibstance abuse in, 21, 385
erapeutic commutation.
       training in gay and lesbian issues for, 218-219
Couples therapy. See also Family therapy; Treatment and prevention of alcoholism and substance abuse
Crack cocaine, 127, 132, 215, 329
Craving, coping with, 67
Creatine, 358
Creativity, 206-207
Criminal population
       treatment of, 394-400
Crystal methamphetamine, 215
Cultural competency, 421-430
Cultural enhancement program (143
Culturally adapted interventions, 430-436
Customary Drinking and Drug Use Record (CDDR), 260
DALI. See Dartmouth Assessment of Lifestyle Instrument (DALI)
Dartmouth Assessment of Lifestyle Instrument (DALI), 65
De Paul Rehabilitation Hospital, 160, 162
Deafness and hearing impairment, 413-415
Decision Tree method, 260
Deinstitutionalization, 328
```

Comprehensive Alcohol Abuse and Alcoholism Prevention, Treatment, and Rehabilitation Act (1976),

```
Dependent role in family, 180
 Depression
         alcoholism and, 49-56, 96-97
         bipolar depression, 49, 50, 51
         endogenous depression, 50
         Hispanics and, 233-234
         homeless adolescents and, 341
         non-opiate drug abuse, 55-56
         older adults and, 96-97
         opiate abuse and, 54-55
         pharmacotherapy for, 52-54
         subtypes of, in alcoholics, 53
         suicide and, 50, 52
         symptoms of, 50
         treatment of, 52-54, 56
Disulfiram, 417
Diverse populations. See specific groups, such as African Americans
Diversity issues, 10–11
Domestic violence, 23–26, 173
Dopamine, 137
'Double Trouble' support groups, 69
Drinking problems. See Alcoholism/alcohol abuse
Prug abuse, 3–4. See also Addiction; Illegal drugs; Suberrug abuse treatment and prevention. See Production and substance abuse ug/Alcohol Time-Ui-
ug court
          unipolar depression, 50-51
 Drug court, 398-399
 Drug craving, 137
 Drug therapy. See Medications
 Drug Use Scale-Revised (DUS-R), 65
 Drug Use Screening Inventory (DUSI), 260-263, 267
 Drunk-driving accidents, 20-21, 245
 Drunkenness. See Alcoholism/alcohol abuse
 DSM-IV-TR (APA), 64-65, 77, 99, 149
 Dually diagnosed patients
          ABC Model of Psychiatric Screening for, 68-69
          active treatment stage for, 68
          affective disorders in, 49-56
          anxiety in, 46-49
```

Deliberateness, 204

```
assessment of, 64-66
      bidirectional models of, 46
      bipolar depression in, 49, 50, 51
      common factor model of, 46
      diagnosis and treatment of alcoholism and, 49-52
      engagement treatment stage for, 66-67
      etiology of dual diagnoses, 69-70
      homelessness of, 335-339
      integrated system for treatment of, 64
      parallel system for treatment of, 64
      persuasion treatment stage for, 68
      pharmacotherapy for, 52-56
      relapse prevention stage for, 68
      resources on, 73
      secondary psychopathology models of, 46
                                               ted material by profile in a stient
      secondary substance abuse models of, 46
      self-help groups for, 69
      "self-medication" hypothesis of, 47
      sequential system for treatment of, 64
      sociopathy and, 56-63
      substance abuse in, 45-70, 73
      treatment of, 45-46, 48-49, 52-54, 56, 60-62, 63-70, 337-339
DUS-R. See Drug Use Scale-Revised (DUS-R)
DUSI. See Drug Use Screening Inventory (DUSI)
Dyspareunia, 23
Dysphoria, 63
EA. See Emotions Anonymous (EA)
ECA Study. See Epidemiologic Catchment Area (ECA) Study
Ecstasy, 215, 218
Elderly. See Older adults
Emotional cut off, 314-315
Emotions Anonymous (EA), 422
Enabler role in family, 180, 311
Endogenous depression, 50. See also Depression
Engagement treatment stage for dually diagnosed patients, 66-67
Ephedrine, 358
Epidemiologic Catchment Area (ECA) Study, 47, 49, 59, 93, 151
Ethnicity. See also African Americans; Asian Americans; Hispanics; Native Americans
alcohol use and, 14-15, 94, 128-129, 331
      bicultural competence and 38-139
      cultural competency and, 421-430
      culturally adapted interventions, 430-436
      fetal alcohol syndrome (FAS) and, 22, 281
      illegal drugs and, 125, 126, 129
      life expectancy and, 125
      mental illness and, 128
      metabolism of alcohol by, 280
Etiology of addiction, 3-6, 69-70, 104, 152-158, 165-166, 231-235
```

```
Evidence-based practices, 436–437. See also Prevention programs; Treatment and prevention
    of alcoholism and substance abuse
Experimenters, 248, 249
Expressive needs, 133
Extended family, 133
Familial transmission of alcoholism. See Multigenerational transmission of alcoholism
Family. See also Adult children of alcoholics; Children of alcoholics (COAs); Couples therapy;
    Family therapy
        of African Americans, 132-135
        chaotic families, 203
        deliberateness in, 204
        dynamics of, and children of alcoholics (COAs), 173-180
        emotionally disruptive families, 203
        exposing families, 203
        extended family, 133
        family rituals, 202-204
        of Hispanics, 229, 232, 240
        homeless families, 330, 342-343
        immediate, 133
        intergenerational transmission of alcoholism, 19, 27–28, 30, 153–154, 172, 177–178, 202–205, 234–235 involvement of, in treatment 11, 30, 25, 42
        producing addiction in offspring, 8
protective families, 203
role behavior in children of alcoholics (COAs), 175–176, 179–184
roles in families under stress, 179–180
y-based prevention programs, 142
diagram in Bowen Family Systems Therapy (RECT)
hero role in family, 181
rof Origin C
Family diagram in Bowen Family Systems Therapy (BFST), 316–317
Family hero role in family, 181
Family of Origin Scale, 205
Family projection process, 313
Family rituals, 202–204
Family systems treatment, 221–222
Family therapy. See also Couples therapy; Treatment and prevention of alcoholism and substance abuse
for adolescent substance abusers, 250-252, 258-259
Bowen Family Systems Theory (BFST) for, 302-323
        for children of alcoholics (COAs), 184-186, 189
        for gay men and lesbian women, 219
        for Hispanics, 237-238
        for Native Americans, 292
        for older adults with alcohol problems, 103
        for women alcoholics, 30-35
 Family violence. See Domestic violence
FAS. See Fetal alcohol syndrome (FAS)
Fetal alcohol syndrome (FAS), 21–22, 43, 128, 281
Floaters, 249
```

Football, 354, 360, 361, 368, 369. See also Athletes Functional analysis, 65. See also Assessment Functional Analysis Summary, 65 Functional assessment, 65. See also Assessment Functional Assessment Interview, 65 Fusion versus codependency, 311-312

Gambling, 275-276 Gamma Hydroxybutyrate (GBH), 215 Gay men and lesbian women adolescents as, 214 alcohol and lesbian women, 16 alternatives to gay scene for, 215 childhood physical/sexual abuse of lesbian women, 18-19 confidentiality for, 221 ted material by PROFED, Inc. factors related to substance use by, 220 family-of-origin issues of, 222 family systems therapy for, 221-222 identity of, 215-216 illegal drug use by, 18, 214-215, 217 recovery groups for, 221-222 resources on, 225 safe therapeutic environment for, 218-220 social places and drugs of choice for, 215 social support networks for, 221 substance abuse by, 214-225 therapeutic considerations for, 218-223 unique characteristics of gay men, 216-217

vignettes on, 213-214 GBH (Gamma Hydroxybutyrate), 215 Gender differences. See Men; Women Generosity, 291 Georgia Impaired Physicians Program, 161, 163 GLBT. See Gay men and lesbian women Group therapy

> for adult children of alcoholics (ACAs), 198-202 for children of alcoholics (COAs), 184-185, 186 for depressed alcoholics, 53 for gay men and lesbian women, 222 for Hispanics, 236–237 for older adults with alcohol problems, 103

unique characteristics of lesbian women, 217-218

Hallucinogens, 56, 112 HAM-D. See Hamilton Rating Scale for Depression (HAM-D) Hamilton Rating Scale for Depression (HAM-D), 55 Handicaps. See Individuals with disabilities Hare Psychopathy Checklist-Revised (PCL-R), 61 Harm reduction, 67, 88-89 Hazelden, 159, 160

Hazelden Women and Children's Recovery Community, 35 Health professionals. See Physician headings Hearing impairment, 413-415 Heart disease from alcoholism, 20 Heroin, 55, 62, 112-113, 131, 230, 328, 332, 386 HGH. See Human growth hormone (HGH) Hispanics acculturation of, and substance abuse, 230, 233 adolescent substance abuse among, 231, 232-233 AIDS and, 334 alcohol use by, 14-15, 94, 230-231, 331 Alcoholic Anonymous for, 237 depression and, 233-234 diagnostic considerations for, 231-235 educational attainment of, 228 employment of, 228-229, 233 Jor, 239–240
Jisk factors for, 233–234
Jegical risk factors for, 232–233
statistics on, 227–228
stress and, 234–235
subculture variations in drinking patterns of, 230
treatment of, 235–239
IDS, 127, 215, 216, 218, 220, 334–335, 342, 344
sessness
f African Americans, 329, 343–344
nd cutbacks in government pre
institutionalization and eristity in home!
I diagner families and children of, 229, 232, 240 HIV/AIDS, 127, 215, 216, 218, 220, 334–335, 342, 344 Homelessness dual diagnosis and, 335-339 of families, 330, 342-343 health problems as consequence of, 332-335 history of, 325-327 HIV and, 334-335, 344 illegal drugs and, 328, 329, 332 mental illness and, 331-332 of military veterans, 330, 334-335, 345-347 of older adults, 330 personal factors in, 328-329 posttraumatic stress disorder (PTSD) and, 337

```
prevalence of alcohol and drug abuse in the homeless, 18, 331-332
                in San Diego, 329-331
                social factors on, 327-328
                sociopathy and, 60
                statistics on, 325-327, 330, 331-332, 339
                street youth and substance abuse, 330, 339-342
                substance abuse and, 321-348
                treatment efficacy for substance abuse and, 347-348
                treatment for the homeless, 335-348
                of women, 18, 328, 342-344
Homophobia, 217-221
Homosexuals. See Gay men and lesbian women
HOPE LINE, 43
Human growth hormone (HGH), 356, 357
Human Rights Campaign, 225
Humor, 206-207
            Jon, 54–55

Lation Diversity Program, 126

L90–291

Regulatory Act (1988), 275

Lee Native Americans

vidual Dual-Disorder Treatment Plan, 65

vidual Herapy

for alcohol- and drug-abusing men, 185

for Hispanics, 238–239

lual Treatment Review, 65

uals with disabilities

titudinal barriers impacting trendess and visual impacting and the same of the sa
Hypophoria, 63
Illegal drugs. See also Addiction; Substance abuse; and specific illegal drugs
Immigration and Naturalization Diversity Program, 126
Independence, 206, 290-291
Indian Gaming Regulatory Act (1988), 275
Indians. See Native Americans
 Individual Dual-Disorder Treatment Plan, 65
Individual therapy
 Individual Treatment Review, 65
 Individuals with disabilities
                 disability coculture and, 403-404, 423
                 employment of, 410-411
                 mixing of alcohol and prescription drugs, 417
                 myths and stereotypes regarding, 406-412
                 sexuality of, 409-410
                 spinal cord injuries, 415-419
```

statistics on, 403 substance abuse by, 403-423 treatment for, 412-423 types of disabilities, 405

Inhibited sexual desire, 54. See also Sexual functioning

Initiative, 206

Inpatient treatment, 173, 238

Insight, 206

Instrumental needs, 133

Integrated treatment system for dually diagnosed patients, 64

Intensified substance use, 249

Intergenerational transmission of alcoholism. See Multigenerational transmission of alcoholism

Interpersonal fusion, 306-308 Intervention, 102-103, 140 Intrapsychic fusion, 306-308

Jewish Alcoholic, Chemically Dependent Persons, and Significant Others, 80

Johnson Institute intervention procedure, 35

Katamine ("Special K"), 215 Knowledge-based prevention programs, 142

Labels, cautions against, 67 Latinos/as. See Hispanics LBGT. See Gay men and lesbian women Learning Sobriety Together (LST), 186 Lesbian women. See Gay men and lesbian women Life skills training, 142 LifeRing Secular Recovery, 81, 86-87 Lithium, 63 Lithium carbonate, 52, 53 Liver damage from alcoholism, 19 Lost child role in family, 181 LSD, 112, 215 LST. See Learning Sobriety Together (LST)

MAC-R. See MacAndrews Scale (MAC-R)

MacAndrews Scale (MAC-R), 287

Male athletes. See Athletes

Manic-depressive disorder. See Bipolar depression

Marijuana, 112, 129, 131, 154, 218, 229, 231-233, 243, 253-254, 332, 387

Marine Corps, 373, 378. See also Military

Marine Corps Community Services (MCCS), 378, 382

Marriage therapy. See Couples therapy

Mascot role in family, 181

MAST. See Michigan Alcohol Screening Test (MAST)

Mastery, 290-291

Mayo Clinic, 160, 162

MCCS. See Marine Corps Community Services (MCCS)

MCMI. See Millon Clinical Multiaxial Inventory (MCMI)

MDFT. See Multidimensional Family Therapy (MDFT)

```
Medical professionals, See Physician headings
  Medications
          commonly used medications for older adults, 106-107, 111
          for depression, 52-54
          etiology and treatment of abuse and misuse of, 104
          guidelines for physicians on, 109-110
          management and treatment of medication abuse and misuse by older adults, 109-110, 115
          misuse and abuse of, by older adults, 104-111
          mixing of alcohol and prescription drugs, 417
          nonprescription medication misuse and abuse, 110-111
          patient compliance training for, 109
          physicians' abuse of prescription medications, 150, 151, 154-155
          prescription medication abuse and misuse, 106-110
          psychoactive drugs for older adults, 107-108
          risk factors in use of, 105-106
...ent due

...spital, 159, 160, 162
...Dually diagnosed patients
...p.net, 383
...adone programs, 112
Methamphetamines, 215, 387
Mexican Americans. See Hispanics
Michigan Alcohol Screening Test (MAST), 99, 150–151, 205
Military
alcohol abuse in, 373–377
cigarette smoking in, 374
demographics of population, 369
diagnosis of military personnel 377
illegal drugs in, 374
posttraumatic stress disorder (Proprevention programs for resources on, 387
risk of subsub-
          for sociopathy, 63
           risk of substance abuse in, 374, 376-377
           substance abuse in, 369-383
           treatment of military personnel, 377-380
           treatment of veterans, 346-347, 379-380
           veterans as homeless, 330, 334-335, 345-347
  Military OneSource, 380, 383
  Military.com, 383
```

Millon Clinical Multiaxial Inventory (MCMI), 61

Minnesota Multiphasic Personality Inventory (MMPI), 50, 58, 59, 60, 61, 287

Minority groups. See Ethnicity; and specific minority groups, such as African Americans

Misuse, definition of, 104

MMPI. See Minnesota Multiphasic Personality Inventory (MMPI)

Mobility impairments, 405, 415-419. See also Individuals with disabilities

Moderation Management (MM), 80, 81, 84-85

Monitoring the Future (MTF) study, 231

Mood disorders, 49-56

Moos Family Environment Scale-Third Edition, 179

Morality, 207

Motivation, 139, 141

MTF. See Monitoring the Future (MTF) study

Multidimensional Family Therapy (MDFT), 251, 258-259

Multigenerational transmission of alcoholism, 19, 27-28, 30, 153-154, 172, 177-178, 202-205, 234-235.

See also Adult children of alcoholics; Children of alcoholics (COAs)

Multigenerational transmission process, 313-314

Multiple disabilities, 405. See also Individuals with disabilities

Multisystemic therapy (MST), 257, 258

NA. See Narcotics Anonymous (NA)

NAACP. See National Association for the Advancement of Colored People (NAACP)

Narcotics Anonymous (NA), 162, 268, 419

National Association for Children of Alcoholics, 43

National Association for the Advancement of Colored People (NAACP), 131

National Association of Children of Alcoholics, 212

National Basketball Association (NBA), 354, 368

National Comorbidity Survey, 47, 49, 52

National Council on Alcoholism, 43

National Council on Alcoholism and Drug Dependence (NCADD), 43

National Football League (NFL), 354, 360, 368

National Help and Referral Line for People Affected by Alcohol and Drug Abuse, 43

National Highway Traffic Safety Administration, 157

National Institute of Mental Health, 95

National Institute on Alcohol Abuse and Alcoholism (NIAAA), 43, 94, 96, 157

National Institute on Drug Abuse (NIDA), 157, 229, 230, 231, 243, 354, 357, 377, 383

National Organization for Fetal Alcohol Syndrome (NOFAS), 43

National Survey on Drug Use and Health, 128-129

Native Americans

acculturation level of, 288-289

addiction among, 275-288

Alcoholics Anonymous (AA) for, 295

alcoholism and, 15, 275, 278-288, 331

assessment of, 287–288

community interventions and prevention for, 293-294

consumption rate of alcohol by, 279-280

cultural marginalization and loss of culture by, 283-284

death rate of, 275

determination of risk level for alcoholism among, 285-286

dichotomies between dominant Euro-American culture and, 279

family system of, 284-286 family therapy for, 292 fetal alcohol syndrome (FAS) and, 22, 281 gambling and, 275-276 genetic predisposition to alcoholism among, 281 history of and historical trauma, 276-278, 286-287, 289, 296 homelessness of, 331 metabolism of alcohol by, 280 myths about alcohol consumption by, 278-279 physiological factors for addiction among, 279-282 psychological factors for addiction among, 286-288 religion of, 293-294 reservations and, 291-292 resources on, 299 risk factors for addiction among, 279-288 sociocultural factors for addiction among, 283-286 statistics on, 275, 276, 278, 280-282 stereotypes of, 278, 284 treatment and prevention programs for, 288-296 treatment expectations for, 291 treatment goals for, 294 tribal-centric treatment for, 289-291, 294 tribal diversity among, 291 Navy, 378, 383 Navy Alcohol and Drug Use Prevention (NADAP), 378 NBA. See National Basketball Association (NBA) NCADD. See National Council on Alcoholism and Drug Dependence (NCADD) Neuroleptics, 63 New Jersey Physicians' Health Program, 160, 163 NFL. See National Football League (NFL) NIAAA. See National Institute on Alcohol Abuse and Alcoholism (NIAAA) Nicotine, 126-127, 128, 129, 173, 229, 231, 232-233, 243 NIDA. See National Institute on Drug Abuse (NIDA) NOFAS. See National Organization for Fetal Alcohol Syndrome (NOFAS) Non-opiate drug abuse, 55-56 Non-12-step recovery clinical considerations on, 87-89 compared with 12-step programs, 80-81, 87-88 defining population seeking, 77-78 description of alternative support groups, 80-87 harm reduction and, 88-89 legal issues and, 78-79 objections to 12-step approach, 75-77 religious or spiritual orientation among, 80 resources on, 79, 90 treatments available to individuals seeking, 79-80 for women alcoholics, 35, 43

PROFED, Inc.

for women alcoholics, 35, 43 Nonprescription medication misuse and abuse. *See* Medications North Carolina Physicians Health Program, 161, 164 North West Doctors and Dentists Group, 161, 163–164 Nursing homes, 94. See also Older adults Nutritional and dietary supplements, 357-358 Office of National Drug Control Policy, 157, 394 Older adults alcohol abuse by, 92-104 alcoholism and, 29, 113 assessment and diagnosis of alcohol abuse in, 97-100 cohort differences in, 113-114 commonly used medications for, 106-107, 111 community-based services for, 103-104, 115-116 depression and, 96-97 difficulties in diagnosing substance abuse in, 92 distinguishing between cause and effect in, 113 future use and service needs of, 115-116 homelessness of, 330 material by PRO. Fil , Inc. illegal drugs and, 112-113 management and treatment of alcohol abuse in, 100-103 management and treatment of medication abuse and misuse by, 109-110, 115 medication misuse and abuse by, 104-111 methodological considerations regarding, 114-115 nonprescription medication misuse and abuse by, 110-111 in nursing homes, 94 physiological changes associated with, 105-106 prescription medication misuse and abuse by, 106-110 prevention of alcohol abuse among, 103-104 psychoactive and psychotropic drugs for, 107-109 research on substance abuse by, 113-116 resources on, 123 risk factors and effects of alcohol abuse by, 95-97 statistics on, 91, 105 statistics on alcohol abuse by, 92-95 Opiates, 54-55, 112, 150, 155, 387 Opium, 131 Opium, 131 Oregon Board of Medical Examiners Rehabilitation Program, 160, 162 Overcomers in Christ, 80 Overcomers Outreach, 80 Pain killers, 361–362 Parallel treatment system for, dually diagnosed patients, 64 Paraprofessional addictions counselors, 2-3 Parentification, 174, 176 Parents. See Family Payoff Matrix, 65 PCL-R. See Hare Psychopathy Checklist-Revised (PCL-R) Performance-enhancing drugs for athletes, 354-362 Personal, interpersonal, and self-enhancement programs, 142 Personality disorders. See Sociopathy Persuasion treatment stage for dually diagnosed patients, 68 PFLAG, 225

```
Pharmacotherapy. See Medications; Treatment and prevention of alcoholism and substance abuse
Phoenix in a Bottle (MacDonald and MacDonald), 2
Physical abuse. See Childhood sexual/physical abuse
Physician impairment due to substance abuse
      American Medical Association and, 149-150
      availability of prescription drugs and, 154-155
      etiology of, 152-158
      family history and, 153-154, 301
      family patterns and marital problems of impaired physicians, 301-302, 318-320
      family systems treatment for, 301-323
      identification of, 158, 166
      ignorance and misinformation and, 156-157, 302
      medical specialty and, 157-158
      normative support for recreational drug use and, 154
      personality of physicians and, 156
      prevalence of, 150-152
                                           onted material by PRO. Lin , Inc.
      questions on, 321-322
      stress and, 155-156
      treatment of, 159-165, 301-323
Physician intervention for alcoholic patients, 102
Physiological factors in addiction, 7
Placater role in family, 179, 182, 184
PNCE. See Positive and Negative Consequences Experienced (PNCE) questionnaire
Poppers, 217
Positive and Negative Consequences Experienced (PNCE) questionnaire, 260
Posttraumatic stress disorder (PTSD)
      alcohol use and, 18
      in dually diagnosed patients, 47, 337
      homelessness and, 337
      in military personnel and veterans, 330, 345, 346, 376, 377
      women and, 18
Poverty
      of African Americans, 131, 134
      of Hispanics, 228
      homelessness and, 327
      of women and alcoholism, 29
Powerlessness, 33-34
Prescription medications. See Medications
Prevention programs. See also Treatment and prevention of alcoholism and substance abuse for
   African Americans, 142-143
      alternative prevention programs, 143
      for athletes, 367-369
      for children of alcoholics (COAs), 186-190
      community-based prevention programs, 142-143
      family-based prevention programs, 142
      for Hispanics, 239-240
      knowledge-based prevention programs, 142
      for medical students, 302, 323
      for military personnel, 380-381
      for Native Americans, 293-294
```

for older adults, 103-104

Prevline, 43

Prisoners. See Criminal population

Problem drinking. See Alcoholism/alcohol abuse

Professional counselors. See Counselors

Professional male athletes. See Athletes

Project MATCH, 237

Project REFORM, 395-396

Pseudo-self versus solid self, 311

Psychoactive drugs. See Medications

Psychological factors in addiction, 8-9

Psychological reactance, 67

Psychopathic state, 63

Psychopathology. See Dually diagnosed patients; and specific psychiatric illnesses

Psychopathy, 56-67. See also Sociopathy

Psychotropic drugs. See Medications

PTSD. See Posttraumatic stress disorder (PTSD)

## Queer Resources Directory, 225

Racial groups. See Ethnicity; and specific racial groups

Racism, 136

Rape

alcohol use and, 17, 24-25

of lesbian women, 217-218

Rational Recovery, 80, 85-86

Recovery, stages of, 34. See also Alcoholics Anonymous (AA); Non-12-step recovery; Self-help groups

Recovery Works Resource Center, 43

REFORM Project, 395-396

Rehabilitation programs, 103

Relapse and relapse prevention, 68, 138-139

Relapse Prevention Model, 139

Relationships, 206. See also Family

Renaissance Transgender Association, 225

Resilient children, 205-208

Responsible role in family, 182, 184

Rimrock Foundation, 43

Role behavior in children of alcoholics (COAs), 175-176, 179-184

SADS. See Schedule for Affective Disorders and Schizophrenia (SADS)

SAMHSA. See Substance Abuse and Mental Health Services Administrations (SAMHSA)

SARD. See Substance Abuse Rehabilitation Department (SARD)

SASSI. See Substance Abuse Subtle Screening Inventory (SASSI)

SATS-R. See Substance Abuse Treatment Scale-Revised (SATS-R)

Scapegoat role in family, 181

Schedule for Affective Disorders and Schizophrenia (SADS), 55

SCT. See Systemic Couple Therapy (SCT)

Secondary psychopathology models of dually diagnosed patients, 46

Secondary substance abuse models of dually diagnosed patients, 46

Secular Organization for Sobriety/Save Our Selves (SOS), 81, 83-84, 86

physicians and, 155-156

```
Self-efficacy, 141-142, 144
Self-help groups. See also Alcoholics Anonymous (AA); and other specific groups
      for adolescents, 268
      Al-Anon for Families of Alcoholics, 34, 43
      for children of alcoholics (COAs), 189
      "Double Trouble" support groups, 69
      for dually diagnosed patients, 69
      for military personnel, 379
      non-12-step recovery, 35, 43, 75-90
      religious or spiritual orientation among, 808
      for women alcoholics, 35, 43
Self-management treatment approaches, 102
"Self-medication" hypothesis, 47
Sensory impairments, 405. See also Individuals with disabilities
Sequential treatment system for dually diagnosed patients, 64
                                         57 Wildhied material by PRO-ED, Inc.
37 Wildhied material by PRO-ED, Inc.
Sexual assault/abuse. See Childhood sexual/physical abuse; Rape
Sexual functioning. See also HIV/AIDS
      of gay men, 216-217
      of individuals with disabilities, 409-410
      inhibited sexual desire, 54
      in women alcoholics, 22-23, 54
Shaping, 207
Sibling position, 314
SIT. See Systemic Individual Therapy (SIT)
16-step groups, 80
Slavery, 130, 133-134. See also African Americans
SMART Recovery, 80, 81, 85-86
Smoking. See Cigarette smoking
Social-recreational users, 249
Social skills programs, 142
Sociological factors in addiction, 7, 8
Sociopathy
      abuse of other drugs and, 62-63
      alcohol and, 58-62
      definitions and descriptions of, 56-57
      diagnosis of, 57-58
      substance abuse and, 56-63
      treatment of, 60-63
Solid self versus pseudo-self, 311
SOS. See Secular Organization for Sobriety/Save Our Selves (SOS)
Special populations. See specific groups, such as African Americans
Specific populations. See specific groups, such as Adolescent substance abuse
Spinal cord injuries, 415-419
Sports. See Athletes
Spouse abuse. See Domestic violence
Steroids, 353-357, 369
Stress. See also Posttraumatic stress disorder (PTSD)
      adolescents and, 246-248
       Hispanics and, 234-235
```

```
Substance abuse. See also Addiction; Adolescent substance abuse; Alcoholism/alcohol abuse;
  Treatment and prevention of alcoholism and substance abuse
      by adolescents, 243-269
      affective disorders and, 49-56
      by African Americans, 125-144, 329
      anxiety and, 46-49
      by athletes, 349-370
      availability and, 154-155
      as behavioral disorder, 4-6
      brain chemistry and, 137
      characterizing individuals and assessing their needs, 6-9
      cognitive impairment and, 137-138
      in criminal population, 21, 385-400
      definition of, 3-4
      by gay men and lesbian women, 214-225
      by Hispanics, 229-235
      homelessness and, 321-348
      ignorance and misinformation of physicians on, 156-157, 302
      incubation period for, 154
      by individuals with disabilities, 403-423
      legislative approaches to, 393-394
      in military, 369-383
      normative support for recreational use of alcohol and drugs, 154
      by older adults, 91-116
      personality and, 156
      by physicians, 149-166, 301-302, 318-323
      physiological factors in, 7
      psychological factors in, 8-9
      psychopathology and, 45-70, 73
      relapse and relapse prevention, 138-139
      sociological factors in, 7, 8
      sociopathy and, 56-63
      stress and, 155-156, 234-235, 246-248
Substance Abuse and Mental Health Services Administrations (SAMHSA), 43, 112, 376-378, 380, 383
Substance Abuse Rehabilitation Department (SARD), 379
Substance Abuse Subtle Screening Inventory (SASSI), 260, 287
Substance abuse treatment and prevention. See Treatment and prevention of alcoholism and
   substance abuse
Substance Abuse Treatment Scale-Revised (SATS-R), 65
Suicide
      alcohol use and, 20, 97
      depression and, 50, 52
      homeless youth and, 339, 341
Systemic Couple Therapy (SCT), 31, 32-33
Systemic Individual Therapy (SIT), 31
Systems. See also Bowen Family Systems Therapy (BFST)
African American family systems, 132-135
      definition of, 132
Native American family systems, 284-286
      subsystems of, 132-133
```

```
INDEX
```

Temperance movement, 16

Therapeutic community for criminal population, 397 Therapy. See Couples therapy; Family therapy; Group therapy; Treatment and prevention of alcoholism and substance abuse Timeline Follow-Back Interview (TLFB), 260 TLFB. See Timeline Follow-Back Interview (TLFB) TLFBC. See Drug/Alcohol Time-Line Follow-Back Calendar (TLFBC) Tobacco. See Nicotine Traffic accidents due to alcohol, 20-21, 245 Traynor v. Turnage, 5 Treatment and prevention of alcoholism and substance abuse. See also Alcoholics Anonymous (AA); Counselors; Couples therapy; Family therapy; Medications; Non-12-step recovery; Prevention programs; Self-help groups for adolescents, 244-245, 247-248, 250-269 for adult children of alcoholics (ACA), 198-202 for African Americans, 125-126, 135-144 for alcoholic women, 28-34 of anxiety, 48-49 for athletes, 366-370 barriers to treatment for alcoholic women, 28-30 brief physician intervention for alcoholism, 102 changes involved in, 9-10, 139-141 characterizing individuals and assessing their needs, 6-9 for children of alcoholics (COAs), 183-190, 207-208 community outreach programs, 102 counselors in, 2-3, 63-64, 70, 186, 218-219 for criminal population, 394-400 culturally adapted interventions, 430-436 for depression, 52-54, 56 diversity issues and evidence-based therapy, 10-11 for dually diagnosed patients, 45-46, 48-49, 52-54, 56, 60-62 efficacy of and outcome research on, 79–80, 159–165, 185–186, 347–348 etiology of addiction, 3-6 evidence-based practices, 436-437 family involvement in, 11, 30-35, 43 for gay men and lesbian women, 218-223 for Hispanics, 235-240 for homeless, 335-348 for individuals with disabilities, 412-423 intervention for alcohol abusers, 102-103 of military personnel, 377-380 for Native Americans, 288-296 non-12-step recovery, 35, 43, 74-90 in older adults, 100-104 for physicians, 159-165, 301-323 physiological factors in addiction, 7 planning of, for specific populations, 1-11 psychological factors in addiction, 8-9 self-efficacy and, 141-142 self-management treatment approaches, 102

```
similarity among, 1-3
      sociological factors in addiction, 7, 8
      for sociopathy, 60-63
      stages of recovery, 34
      types of prevention programs, 142-143
Treatment planning, 65
Treatment Resources: Addiction and Behavioral Health Directory, 43
Triangles in family systems, 312-313
Tribal-centric treatment, 289-291, 294. See also Native Americans
12-step programs. See Alcoholics Anonymous (AA); Non-12-step programs; Self-help groups
Unilateral Family Therapy (UFT), 34
Unipolar depression, 50-51. See also Depression
VA. See Veterans Administration (VA)
Vaginismus, 23
                                                        naterial by PRO.ED, Inc.
Veterans. See Military
Veterans Administration (VA), 346, 377-378, 380-381, 382, 416
Violence against women, 23-26. See also Domestic violence; Rape
Visual impairment, 419-421
Washington Physicians Health Program, 161, 164
WFS. See Women for Sobriety (WFS)
Whites. See also Ethnicity
      AIDS and, 334
      alcohol use by, 14-15, 94, 128-129
      cigarette smoking by, 126-127, 129
      gambling and, 276
      homelessness of, 331
      illegal drug use by, 125, 126
      income of, 228
      life expectancy of, 125
      marriage and divorce rates of, 134
Wide Range Assessment of Memory and Learning (WRAML), 281
Women. See also Gay men and lesbian women
      adolescent female substance abusers, 255–256
      affective disorders in, 53-54
      age of, and alcohol problems, 14-15
      alcoholism and, 13-35, 49, 93-94
      barriers to treatment for alcoholic women, 28-30
      childhood physical/sexual abuse of, 18-19, 23-24
      consequences of alcoholism in, 19-22
      criminal behavior by, 21
      domestic violence against, 23-26
      effects of maternal drinking on children, 26, 179
      elderly women and alcoholism, 29
      ethnicity of, and alcohol problems, 14-15
      family history of alcoholism and, 19, 27-28, 30
      family rituals and, 203-204
      fetal alcohol syndrome (FAS), 21-22, 43, 128
```

history of alcoholism of, 16-17 HIV/AIDS and, 334, 344 homelessness of, 18, 328, 342-344 life expectancy of, 125 partner and relationship issues of, 29-30 posttraumatic stress disorder (PTSD) in, 18 poverty of, 29 rape of, 17, 24-25 reasons for alcoholism in, 18-19 recovery organizations for, 35, 43 sexual functioning of, and alcoholism, 22-23, 54 statistics on alcohol problems of, 13-14, 49 stigma of alcoholism in, 17-18, 28-29 suicide and, 20 traffic accidents and, 20-21 © copyrighted material by PRO.ED, Inc. treatment of alcoholic women, 28-34 violent victimization and alcohol use of, 23-25 Women for Sobriety (WFS), 35, 80, 81, 82-83 Women for Sobriety "New Life" Program, 35, 82-83 WRAML. See Wide Range Assessment of Memory and Learning (WRAML)

Young people. See Adolescent substance abuse; Children of alcoholics (COAs)