Describing Feelings



Before beginning this section, review the feelings happy, sad, mad, hurt, and scared with the child. Draw pictures of faces with various expressions. Name one of these expressions and have the child identify the feeling by pointing to the correct picture. Have the child make his own happy, sad, mad, hurt, and scared faces while looking in the mirror.

Directions

- 1. Photocopy each picture before presenting it to the child.
- 2. Have the child look at the picture. Read the question at the top of the page and allow the child to respond.
- 3. Ask the child to draw in the happy, sad, mad, hurt, or scared mouth after giving a correct response. If the child is unable to draw the mouth, use hand-over-hand guidance to help the child complete the picture. If the child does not provide a correct response, model the appropriate response and repeat the question. In this case, drawing in the mouth serves as a visual prompt.

Example



Ice cream dripped on John's shirt. How does he feel?



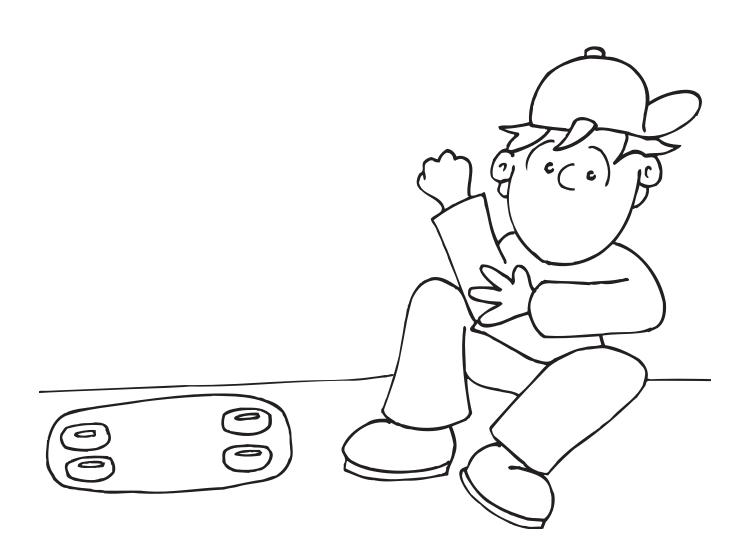
Appropriate Responses

Beginner	Intermediate	Advanced
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Single-Word Response	Multiple-Word Response	Complex Utterance
"Sad."	"Boy is sad."	"The boy is sad because ice cream dripped on his shirt."

Other Suggestions

- Have the child act out the pictured situation and demonstrate an appropriate response in symbolic play.
- Have the child answer the question without looking at the picture.
- Continue to explore other feelings, such as disappointed, embarrassed, and proud.

Rich fell off his skateboard. How does he feel?



What happens if it's raining and you forget your umbrella?



