

# Going to a Dance for the First Time

**Picture 1:** Matt and Molly are going to a dance at school. They have never been to a dance before.

**Picture 2:** Molly puts on her dress. It is uncomfortable. Molly says, "I changed my mind. I don't want to go to the dance!" **Oh no, that's wrong!** You don't quit just because you feel nervous. *Push through your fear and try it.*

**Picture 3:** Matt puts on his suit. It is uncomfortable. Matt says, "I changed my mind. I don't want to go to the dance!" **Oh no, that's wrong!** You don't quit just because you feel nervous. *Push through your fear and try it.*

**Picture 4:** Matt says, "Molly, let's dance together first." **Yes, that's right!** It is okay to feel nervous. It is not okay to give up and quit.

## Yes/No Questions

1. Is Molly in this story?
2. Is Matt in this story?
3. Is a friend in this story?
4. Is an adult in this story?
5. Is the story about dressing up for a wedding?
6. Is the story about dressing up for a dance?
7. Does Molly like the way her dress feels?
8. Does Matt like the way his suit feels?
9. Is it okay to give up and quit when you feel nervous?
10. Have you ever given up and quit when you felt nervous?

## Wh- and How Questions

1. Who is going to a dance for the first time?
2. Who has to wear an uncomfortable suit?
3. What is Molly wearing to the dance?
4. What does Molly think about her dress?
5. Where are dances for teenagers usually held?
6. Where else do people dance?
7. When do Matt and Molly start to get nervous?
8. When are Matt and Molly going to dance together?
9. Why do teenagers get nervous about going to dances?
10. How do you feel about going to dances at school?

## Suggested Props

Two signs that say **Oh no, that's wrong!**

Molly — red dress, pretend heels

One sign that says **Yes, that's right!**

Matt — white T-shirt, jacket, tie

# Homework Sheet

Social Skill of the Week: Going to a Dance for the First Time

We practiced the above social skill using this four-picture Matt and Molly story. As you can see, the character in the story does the skill *wrong* two times before doing it *right* in the last picture.

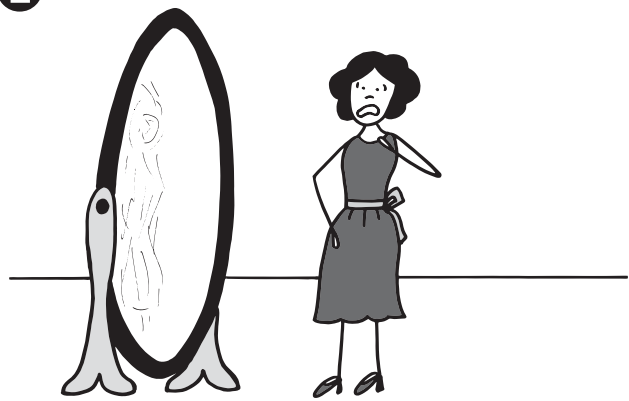
- Cut the pictures apart. As you retell the story, ask your child to find the picture that you are describing. When all of the pictures are in sequential order, help your child act out the story.
- Reinforce “wrong vs. right.” Ask your child questions about the story, such as “Is it right to quit just because you feel nervous?”
- Each week, after you review the story with your child, add picture number four to a little photo album. Title this book **The Right Way to Act**. You can refer to this picture when your child is in a similar social setting and needs reminding of the “right way” to act.

1



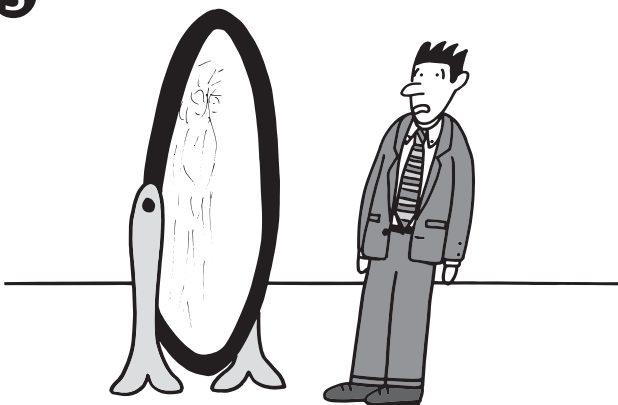
Matt and Molly are going to a dance at school. They have never been to a dance before.

2



Molly puts on her dress. It is uncomfortable. Molly says, “I changed my mind. I don’t want to go to the dance!” **Oh no, that’s wrong!** You don’t quit just because you feel nervous. *Push through your fear and try it.*

3



Matt puts on his suit. It is uncomfortable. Matt says, “I changed my mind. I don’t want to go to the dance!” **Oh no, that’s wrong!** You don’t quit just because you feel nervous. *Push through your fear and try it.*

4



Matt says, “Molly, let’s dance together first.” **Yes, that’s right!** It is okay to feel nervous. It is not okay to give up and quit.



Molly puts on her dress. It is uncomfortable. Molly says,  
“I changed my mind. I don’t want to go to the dance!”

You don’t quit just because you feel nervous.

*Push through your fear and try it.*

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