

Recognizing Moods 3

Read each situation and answer the questions about the people's moods and how they might change.

1. Deon's soccer team just won their first playoff game. Deon scored the winning goal in the final minutes. Everyone on his team ran out to hug him at midfield. Now his team will play in the championship game later this afternoon.

What two words describe how Deon feels?

Why does he feel that way? _____

What might happen to change his mood? _____

2. Today is picture day and Camille is wearing a new, white shirt. She drinks a soda on the way to school and stumbles on a rock. Brown soda spills down the front of her shirt.

What two words describe how Camille feels? _____

Why does she feel that way? _____

What might happen to change her mood? _____

3. It's late Saturday afternoon and Alyssa is staring at her phone. Nobody has called all day. On Friday afternoon, her friend Kayla said she was going to invite her over for pizza, but she hasn't heard a thing from Kayla.

What two words describe how Alyssa feels? _____

Why does she feel that way? _____

What might happen to change her mood? _____



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Avoiding Disagreements 1

The best way to avoid disagreement and get along with people is to use kind words. Saying things that are unkind or insulting can easily cause a disagreement.

Sometimes it's hard to know whether what you are saying is kind or unkind. Here is a good rule to follow: If you wouldn't want someone to say it to you, don't say it to someone else.

Put a check in the column that best describes each comment. Be prepared to explain your choices.

	Kind	Unkind
1. "Hey, it's really great to see you!"		
2. "Go away. Nobody asked you to sit here."		
3. "What are you looking at? Stop staring at us."		
4. "You did a great job answering that tough question in class."		
5. "I'm glad you were on my team during gym."		
6. "Why do you wear that shirt so often?"		
7. "Nobody thinks you're funny. Just be quiet."		
8. "Thanks for letting me borrow your pencil."		
9. "That was a cool poem you wrote for English."		
10. "Why are you eating that cookie? Don't you think you're fat enough already?"		
11. "I'm sorry to hear about your mom. I hope she feels better soon."		
12. "I wouldn't invite you to my party if you were the last person on Earth."		
13. "Your breath smells bad."		
14. "Thanks for helping me with my math. You're so much better at it than I am."		
15. "Forget about the grade you got. I think you did a nice job on your report."		

Avoiding Disagreements 3

No matter how nice you are or how well you get along with people, arguments will happen. It's important to stop an argument before it becomes nasty and personal. Here are some ways to end an argument with someone:

Agree to Disagree

Say, "We're not going to change each other's opinion on this. Let's just agree to disagree."

Change the Subject

Say, "I don't want to argue with you about this. Let's talk about something else."

Ask Questions

Instead of arguing your point, ask questions to learn about the other person's feelings, such as "Why do you like that team so much? Are they that good?"

Make a Joke

Even the simplest arguments can get nasty quickly. Lighten the mood by making a joke and changing the subject.

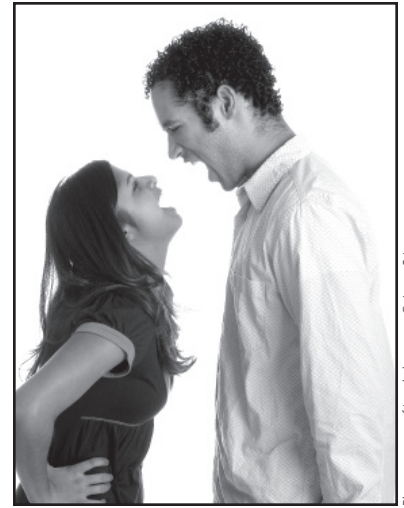


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Role-play these situations or suggest ways to end each argument quickly.

Your friend beat you badly in a game of Monopoly. He keeps teasing you about how easily he won. Now he's saying personal things, such as "Even my little sister plays better than you."

You're showing some friends the new digital camera you got for your birthday. Someone says, "You're so spoiled. You get everything you want." You're offended because you worked hard to make money to pay for half of the camera. You start to argue with your friend.

You're having a friend listen to a new song on your MP3 player. Someone comes over and says, "Are you guys listening to another one of those slow, whiny songs? You should listen to some real music." The three of you start arguing about what kind of music is best.

You're shopping with some friends and see a great pair of shoes. You really want to try them on, but your friends say the shoes are too weird. You think the shoes are perfect. You all start arguing.

You and a friend are watching a football game between your two favorite teams. Your team is starting to fall behind and is not playing very well. Your friend starts talking about how your team is a bunch of losers. You're getting offended and start arguing.

Recognizing Similarities 1

Follow the directions to see how similar people are, even when they have different interests.

1. Mark likes the New York Yankees. Diego likes the New York Mets. Corinne likes the St. Louis Cardinals. Check each statement that is true about these people.



- ___ a. They all like the same team.
- ___ b. They all like sports.
- ___ c. They all like teams from the same city.
- ___ d. They all like baseball.
- e. What's something they might disagree about? _____

- f. What's something they could talk about together? _____

2. Celia likes to bake cookies with her mom. Twyla likes to make salads with her grandma. Ty likes helping his dad make hamburgers on the grill. Check each statement that is true about these people.

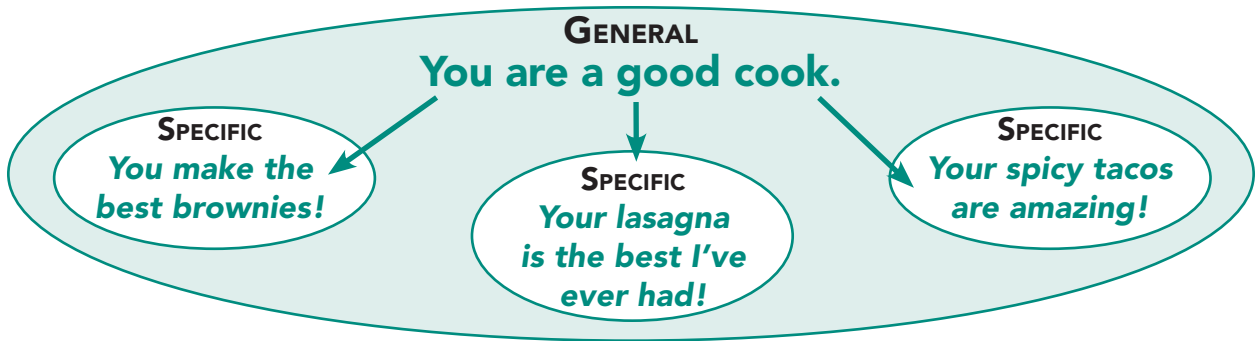


- ___ a. They all like to cook desserts.
- ___ b. They all like to cook with other people.
- ___ c. They all like to cook.
- ___ d. They all like to cook indoors.
- e. What's something they might disagree about? _____

- f. What's something they could talk about together? _____

Compliments 2

Compliments are best when they are specific. People like to hear exactly what it is about them or what they did that you liked. A general compliment doesn't mean as much.



Rewrite each general compliment below so it addresses something specific about a person or a person's actions.

1. I like your clothes.

2. You are a good student.

3. You have a lot of musical talent.

4. You are good at sports.

5. You are funny.

6. You are polite.
