

You are growing up and
learning new things every day!

Sometimes you might be afraid to try something new,
like going down the big slide at the park.

It might be scary at first,
but you should give it a try.
Next time, you won't be as afraid!

Sometimes you might get frustrated
when you are doing something that is hard,
like tying your shoes.

It might be hard at first,
but you should keep trying.
With practice, it will get easier!



You can learn to do new things.
Keep trying when something is hard.
Do more things all by yourself.
This will make you feel proud!

What should you do if you know how
to do something all by yourself?



You should do it!



Why?

Because being able to do more things all by yourself shows that you are getting big!

That should make you proud!