A bully can be a boy, a girl, or a group of kids.

A bully acts tough and hurts others by

pushing,

hitting,

teasing,

threatening,

name calling,

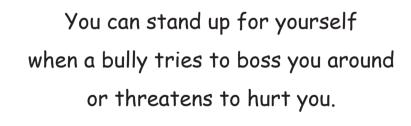
picking fights,

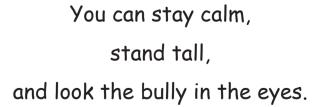
or doing other mean things.

Please stop throwing the sand



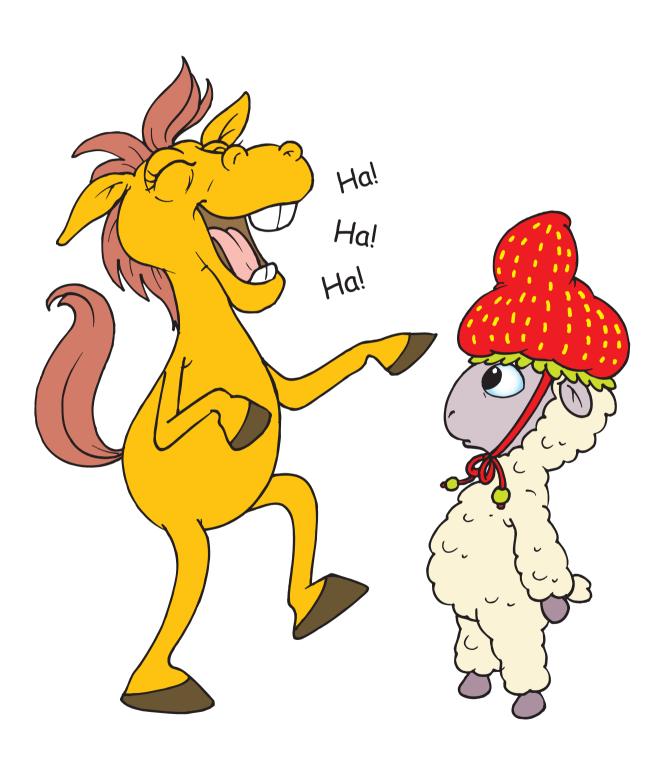
A bully may push others around because he doesn't know how to make friends or because he was pushed around himself.







What can you do if someone teases you about something that you are wearing?



You can be confident. Smile and say, "I like what I am wearing," and then calmly walk away.



Why?

Because being confident shows that you can stand up for yourself by being happy with who you are and how you look.