

Nonverbal Communication: Activity 7

Look at each picture and answer the questions.

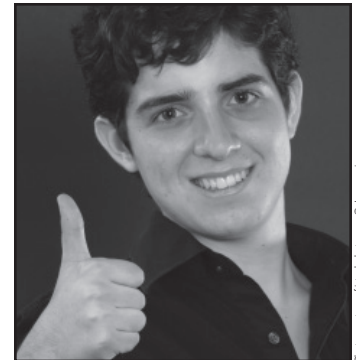
1. Rex is at a baseball game. The center fielder missed a pop fly and the opposing team scored a run. The outfielder felt awful for not catching the fly ball. When he glanced in the stands, he saw Rex giving him this gesture. What does it mean?



2. Is Rex's gesture appropriate in this situation? Why?

3. Look at Rex's facial expression. What emotion words describe how he feels?

4. Brad is at the baseball game too, and he's cheering for the opposing team. He made this gesture when the center fielder missed the pop fly and the player on base ran home. What does this gesture mean?



5. Is Brad's gesture appropriate in this situation? Why?

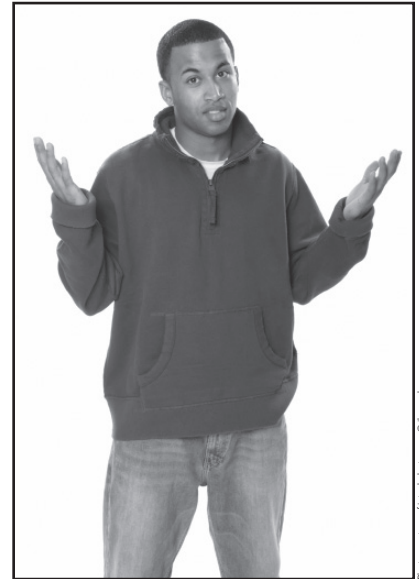
6. Look at Brad's facial expression. What emotion words describe how he feels?

Multiple Interpretations: Activity 10

■ Look at each picture. Check each answer that could be correct.

1. What message is this man sending with his gesture and his facial expression? Explain your answers.

- a. What time is it?
- b. I don't know.
- c. I'm not hiding anything from you.
- d. Which way is the wind blowing?
- e. I don't care. It's up to you to decide.
- f. You need to make a choice. What do you want to do?
- g. I wasn't trying to trick you.
- h. It's not my job to worry about that.



2. What message is this man sending with his gesture and his facial expression? Explain your answers.

- a. I'm practicing to be a clown.
- b. Look what's right up there!
- c. It's going to rain soon.
- d. I'm the best chess player on the team.
- e. It only takes one minute to watch my magic trick.
- f. I did it right the first time I tried it.
- g. Listen up! Did you hear that?
- h. You have only one guess left.
- i. Wait just a minute; not so fast!
- j. I think someone is trying to fool me!
- k. The first to guess the answer wins a special prize!
- l. Remember, don't tell anyone our little secret!



Solving Problems: Activity 7

- Read the story and answer the questions.

A friend invited you to his house to stay overnight. When you arrived, his grandfather came to the door smoking a pipe. You have asthma, and smoke makes it difficult for you to breathe.



1. What is your problem?

2. Here are three things you could do to solve your problem. Tell a pro and con of each solution.

Solution 1: Tell your friend about your asthma and ask him to talk with his grandfather.

Pro/Con _____

Solution 2: Avoid your friend's grandfather without explaining why to anyone.

Pro/Con _____

Solution 3: Politely tell the grandfather you have asthma and ask him not to smoke near you.

Pro/Con _____

3. Which solution would be best? Why?

4. If the grandfather insisted on smoking even after you explained your health situation to him, what would you do? Why is that a good solution?

Interpreting Idioms and Sarcasm: Activity 11

■ Look at the picture and read about the situation to answer the questions.

1. It's Matilda's graduation day. She and her classmates rented caps and gowns from a mail-order rental company. Check all the things Matilda is thinking.

- a. I can't wait to put on this cap.
- b. I hate the color.
- c. I wonder who wore this before me.
- d. Are you kidding?
- e. What do I do with this?
- f. Look at how greasy the top is.
- g. I like this style.
- h. What's the tassel for?



2. Although Matilda thinks it's disgusting to wear a hat that someone wore before her, she knows that it's required for the graduation ceremony. Check what you think she will say to her friends.

- a. Don't you love these caps?
- b. I'll wear it, but I won't like it.
- c. Renting stuff to wear is so much more fun than buying it.
- d. Why do they make us wear this weird stuff anyway?

Social Interaction: Activity 4

■ Look at the picture to answer the questions.

1. What can you tell about this young man from the picture?

- a. He's hot.
- b. He's angry.
- c. He's trying to get someone's attention.
- d. He's getting undressed.

2. What visual clues tell you that he might be angry?

- a. He's not looking at anyone behind him.
- b. He's waving to someone behind him.
- c. He's throwing the jacket aggressively.
- d. He's walking softly.

3. Imagine you passed this guy in the hall at school. Check each action you might take.

- a. introduce yourself and shake his hand
- b. keep walking
- c. make eye contact and smile
- d. say, "Hey, you must be angry. Chill, Dude!"

4. Tell why you chose each action to take in question 3.



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Interpersonal Negotiation: Activity 4

These people have established a nice *rapport*. That means they have a mutual trust or understanding.

■ Look at the picture and answer the questions.

1. Why do you think establishing a good rapport with a friend, acquaintance, or person of authority is important? Check each reason that applies.

- a. You trust what each other says.
- b. You can argue with the person more easily.
- c. You like to listen to the person.
- d. You can dominate the person.
- e. You can understand the person better.
- f. You won't get into as much trouble.



Lola has been Dr. Ramirez's patient since she was a baby. Today Lola is seeing her for the last time. As Lola heads off to college, she knows she'll need to see a different physician at the university health center.

2. What is a good thing for Lola to say to Dr. Ramirez? Check each statement that applies.

- a. Well, this is it, Doc. Take care.
- b. I'll really miss visiting with you but I'll send you emails.
- c. So long, farewell.
- d. TTFN!
- e. I'm not sure I'm going to like the doctors at the health center as well as you.
- f. Gee, we've known each other for 18 years. That's a long time.

Interpersonal Negotiation: Activity 4, *continued*

When Lola was five, Dr. Ramirez diagnosed her with juvenile diabetes. That meant Lola needed to listen to the doctor carefully about what she could and couldn't eat, exercising, and taking insulin.

3. Now that Lola is 18 years old and about to be independent, what do you think Dr. Ramirez will say to her about her diabetes? Check each answer that applies.

- a. I know you know what to do to stay healthy.
- b. I trust you to follow all our rules while you are away at college.
- c. I want you to call me every day to tell me how you are.
- d. Don't forget to take your insulin.
- e. Don't go out with friends.
- f. If you keep managing your sugar intake, you will be fine.
- g. Remember to get plenty of rest, exercise, eat the right foods, study hard, and have a good time.
- h. Don't tell anyone you have diabetes.

4. Write a short paragraph about how you would like to be treated by a doctor if you were in the same situation as Lola. Be sure to include what you would say to the doctor at the end of your visit.
