

Chippy could not blow out his
candles. He tried again. Too much
air came out his nose. The air
needed to come out his mouth.



“I’ll teach you how to blow air out your mouth,”
said his sister Twitch. “I can teach you to feel,
see, and hear the air coming out your mouth.
“Hold your nose with your pointer fingers like this.
Then the air can’t come out your nose,” explained Twitch.



Clinician’s note: Have the child perform airflow tasks while holding his nose in order to teach production of oral airflow. Once the child has mastered oral airflow, have him attempt the tasks without holding his nose.