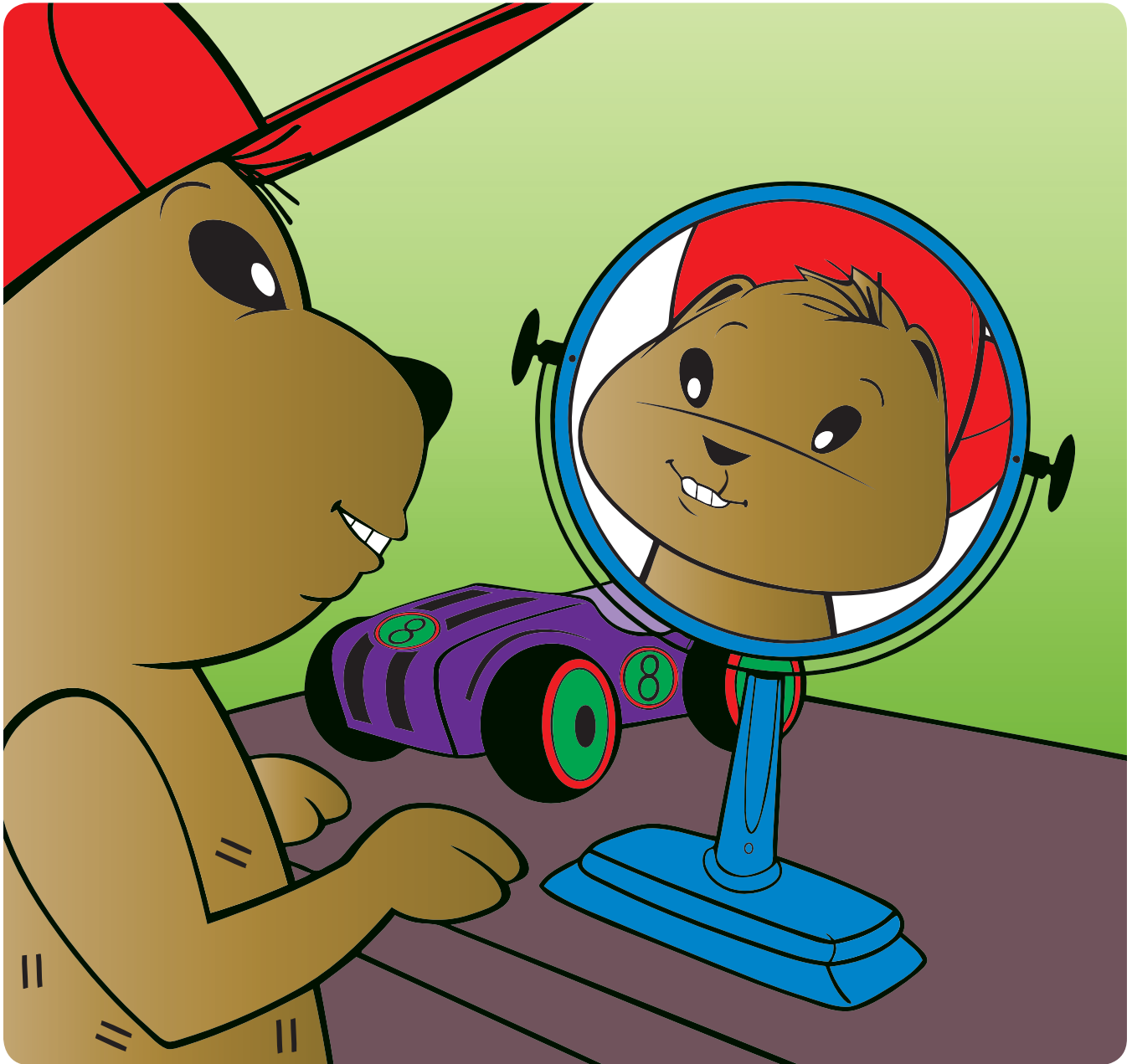


“I can help,” said his sister. “The /f/ sound is easy to make, especially for us chipmunks because we have such big teeth. Put your upper teeth on your bottom lip and blow air out your mouth like this. FFFFFFFF. Now you try it.”



Clinician’s note: If the child is having trouble, have him make the /h/ sound to initiate a stream of oral airflow. Then during sustained /h/ production, have the child bring his lower lip up to his top teeth to produce /f/ (hhhFFFFFFF). The child may need to occlude his nose with his index fingers to help direct the airflow out his mouth at first.

“Look in the mirror and see how your top teeth touch your bottom lip. Now listen when you blow your air. Can you hear the sound?” asked Twitch. “You should also feel the air on your bottom lip. Can you feel it?”



Clinician’s note: Have the child look in a mirror. Show him how making a “chipmunk face” (lower lip touching his upper teeth) helps to produce the /f/ sound.