

# Table of Contents

---

<b>Introduction</b> .....	7
How Do We Code Information? .....	9
Memory/Coding Systems Chart .....	10
Therapy Tips .....	11
<b>Identification of Systems</b> .....	12
<b>Word/Mental Picture Associations</b> .....	20
<b>Chaining Word Lists</b> .....	28
Associated Lists .....	30
Associated Phrases .....	33
Varied Lists .....	34
Creating Lists .....	37
<b>Following Written and Oral Directions</b> .....	38
Two-Step – 4 Components .....	40
Three-Step – 6 Components .....	44
Drawing Shapes .....	46
<b>Recalling Boxed Information</b> .....	50
3 Shapes .....	51
4 Shapes .....	54
5 Shapes .....	56
Complex Shapes .....	57
Figural Designs .....	58
Numbers .....	62
Words .....	64
Create Your Own .....	67
<b>First Letter Mnemonics</b> .....	68
Words .....	69
Sentences .....	71
<b>Word List Retention</b> .....	73
Category Inclusion .....	74
Category Exclusion .....	75
Word Placement .....	76
Recall by Attribute Inclusion .....	78

<b>Associated Visual Pairs</b> .....	80
<b>Name-Picture Association</b> .....	87
<b>Memory for Numbers and Sentences</b> .....	104
Converting Telephone Numbers to Words .....	105
Chunking Numbers .....	106
Chunking Sentences .....	107
<b>Picture Associations</b> .....	109
Person to Object .....	110
Object to Object .....	113
Person to Place .....	117
<b>Memory for Shapes and Pictures</b> .....	119
Review of Shape Names .....	120
Remembering Shapes – 4 Figures .....	121
Remembering Shapes – 5 Figures .....	123
Remembering Shapes – 6 Figures .....	125
Remembering Pictures – 4 Pictures .....	127
Remembering Pictures – 5 Pictures .....	129
Remembering Pictures – 6 Pictures .....	131
Remembering Pictures – 7 Pictures .....	133
Remembering Pictures – 8 Pictures .....	135
Picture Retention .....	137
<b>Sorting and Remembering Categories</b> .....	147
Words .....	148
Pictures .....	150
<b>Functional Memory Tasks</b> .....	152
Memos .....	153
Appointments .....	154
Directions .....	155
Paragraphs with 3-4 Elements – Inclusion .....	157
Paragraphs with 3-4 Elements – Exclusion .....	159
Specific Information Retention .....	161
Paragraph Retention .....	163
Narrative Retention .....	166

<b>Memory and Mental Manipulation</b> .....	172
Reverse Order – 3 Words .....	173
Reverse Order – 4 Words .....	174
Scrambled Sentences – 4 Words .....	175
Scrambled Sentences – 5 Words .....	176
Word Order – 3 Words .....	177
Word Order – 4 Words .....	178
Ranking .....	179
Alphabetical Order – 3 Words .....	180
Alphabetical Order – 4 Words .....	181
Size – 3-4 Words .....	182
<b>Resources and References</b> .....	183