

Table of Contents



Introduction	5
Chapter 1: Nonverbal Language	7
What is <i>nonverbal language</i> ?	7
How does the brain process nonverbal communication?	8
What is <i>emotion</i> ?	8
How do children normally develop nonverbal language skills?	12
Why don't some children acquire effective nonverbal language skills?	13
What impact do poor nonverbal language skills have on children's lives?	13
How can we teach nonverbal language to students who don't "get it"?	14
Chapter 2: Eye Contact	16
Basic Rules of Eye Contact	17
Eye Contact Disorders	19
Chapter 3: Facial Expressions	20
Three Key Zones	21
Facial Expression of Basic Emotions	28
Chapter 4: Gestures and Postures	35
Gestures	35
Postures	39
Chapter 5: Other Nonverbal Factors	41
Paralinguistics	41
Time and Punctuality	44
Context	45
Personal Appearance	46
Personal Space and Touch	46
Chapter 6: Assessment	49
Observation Checklist	50
Performance Checklist	54
Student Checklist	56
Chapter 7: Nonverbal Language Training	57
Training Guidelines	58
Training Goals	59
Gestures and Postures	60
Personal Space	67
Eye Contact	69
Facial Expressions	72
<i>Face It!</i> Games	76
Generalization Activities	78
Index of Adjectives for Expression Cards	82
References	87