



SCRUB THE HANDS

- SCOPE AND SEQUENCE -

This is an informal guide to support the use and integration of Simple Words Books in class curriculum, to help parents and educators determine whether the book is the appropriate reading level based on the reader's knowledge, and to be used as a preparation tool to practice the words before reading the story with the reader.

We realize that some words in English can be included in various categories depending on the approach. In addition, words may also be pronounced differently based on region.

We respect everyone's opinion and hope you enjoy this resource.

– *Simple Words Books Team*

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Short Vowel Word is where the vowel within a word is pronounced in its short length (form). The vowel length is the perceived length of a vowel sound. For example, the vowel "a" in the word "cap" is short vs. in "cape" vowel "a" is long. The short vowel sounds cannot occur at the end of a syllable; a consonant must follow the vowel.

Digraph is when two letters represent and spell one sound (phoneme). Examples of **consonant digraphs** are ch, sh, and ck.

Trigraph is when three letters represent and spell one sound. Examples of **consonant trigraphs** are tch and sch.

Blend is when two consonants come together, and they both keep their sounds. Each sound is clearly heard. There are several groups of blends. Some are only found at the beginning of words, some are only at the end of words, and some can be found in either place. They include:

l-blends – bl, cl, fl, gl, pl, & sl

r-blends – br, cr, dr, fr, gr, pr, & tr

s-blends – sc, sk, sl, sm, sn, sp, st, & sw

t-blends – tr, tw

ending blends – ft, lk, ld, lt, mp, nd, & nt

Double Consonants / FLOSS Rule is when a one-syllable word ends in f, l, or s, double the final f, l, or s. Examples are sniff, fall, and mess.

Welded (Glued) Sounds are letters that do not say their normal sounds when they are together but rather create a slightly different sound.

Long Vowel – Closed Syllable Exceptions follow a similar pattern to closed syllables but have a long vowel sound instead of the expected short vowel sound. Examples are ild, ind, old, olt, and ost.

Vowel Team is when two vowels that work together to make one sound. Examples are ou, ow, ew, ay, ey, ee, and oo.

Consonants can be divided into two types: **Voiced and Unvoiced Consonants**. Voiced consonants require the use of the vocal cords to produce their signature sounds; voiceless consonants do not. Examples of voiced consonants are b, d, g, j, l, m, n, r, sz, th (as in "then"), v, w, y, and z. Examples of unvoiced consonants are ch, f, k, p, s, sh, t and th (as in "thing").

R-controlled word (or syllable) has a vowel followed by an r where the r changes the vowel's sound. It is also called **bossy r** because the r bosses the vowel to make a new sound. Examples are the /ar/ sound, as in barn; the /or/ sound, as in corn; and the /er/ sound, as in fern, bird, and curl.

Silent e, also called **magic e**, rule is when the letter 'e' at the end of a word is silent and makes the other vowel (with no more than one letter in between) in the word say its name. In other words, silent e changes the short vowel into a long vowel. Examples are cap vs. cape, mad vs. made, and fin vs. fine.

Permanent sight words, also called irregular or red words, are words that cannot be sounded out and don't follow the rules of phonics. Permanent sight words need to be memorized, so they are recalled by sight.

Temporary sight words are words where one or more of the sounds or spellings in the word has not yet been introduced, and the reader lacks sufficient letter/sound knowledge to decode the word.

Prefix is a word part added to the beginning of a word that changes the word's meaning.

Suffix is a word part added to the end of a word that changes the word's meaning.

Compound word is when two words are used together to make a new word with a new meaning. Compound words can be written in three ways: Open compound words, closed compound words, or hyphenated compound words.

Hyphenated word is when two or more words are joined or divided with a hyphen. These are compound words.

Pre-teach word is a category we created to practice words such as Mr., VP, a.m., USA.

Onomatopoeia is the naming of a thing or action by a vocal imitation of the sound associated with it. Examples are bammm, psst, shh.

Syllable is a unit of pronunciation having one vowel sound, with or without surrounding consonants, forming the whole or a part of a word.

There are seven **syllable types**: Closed (VC), open (V), long vowel sound (or magic e) (Ve), vowel teams (VV), r-controlled (Vr), diphthongs (VV), and consonant le (cle).

SINGLE SYLLABLE WORDS														Total Words: 2870	
SHORT VOWELS														1184	Words - 41.25%
/a/														351	Words - 12.23%
am	7	as	11	at	6	bad	5	bag	6	can	12	cat	64	fan	3
had	5	ham	1	has	12	lap	1	mat	15	nap	7	Nat	64	Rad	61
rat	61	sad	1	van	9										
/e/														62	Words - 2.16%
bed	5	get	26	jet	1	let	4	pen	9	set	11	ten	1	wet	1
yes	2	yet	2												
/i/														444	Words - 15.47%
if	6	in	73	is	44	it	21	big	6	bin	1	bit	2	did	9
dim	2	dip	8	fig	1	fix	1	Hig	94	him	8	his	44	pig	94
rid	7	sit	22	six	1										
/o/														175	Words - 6.10%
on	66	bog	9	doc	13	dog	1	got	15	hop	5	hot	5	job	1
lot	8	nod	1	not	44	rod	7								
/u/														152	Words - 5.30%
up	33	us	5	bug	1	bun	1	but	14	cup	1	fun	14	hug	1
mud	44	rug	11	run	3	sun	17	tum	5	yum	2				
CONSONANT DIGRAPH / TRIGRAPH														691	Words - 24.08%
ch														40	Words - 1.39%
chin	3	much	2	bench	6	chest	1	chill	1	chips	4	chunk	1	lunch	19
branch	3														
ck														35	Words - 1.22%
back	11	dock	1	neck	1	pack	5	rock	1	sick	9	black	1	quick	1
snack	2	stuck	2	trick	1										
cks														22	Words - 0.77%
locks	1	packs	3	picks	11	smacks	1	snacks	5	sticks	1				
sh														49	Words - 1.71%
dish	5	fish	20	rush	1	shed	6	shot	2	wish	4	fresh	3	trash	2
shrugs	6														
th														521	Words - 18.15%
the	407	that	10	them	6	then	15	they	34	this	7	with	27	filth	1
thank	1	thing	3	think	3	thanks	1	things	3	thinks	3				
wh														12	Words - 0.42%
when	12														
ch / ck														4	Words - 0.14%
check	4														
ch / cks														6	Words - 0.21%
checks	6														
th / ck														2	Words - 0.07%
thick	2														

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BLENDS												582	Words	-	20.28%
Two Consonants in the Beginning												103	Words	-	3.59%
flat	1	from	5	glad	4	glum	1	grab	3	grin	1	plan	6	plug	1
plus	1	prep	1	skin	1	spot	5	step	1	stop	4	swim	2	trip	9
black	1	bring	1	drink	2	fresh	3	glass	2	grass	4	grill	7	smell	1
snack	2	still	3	stuck	2	stuff	1	swell	1	swing	13	trash	2	trick	1
trunk	2	brings	2	drinks	6	swings	1								
Two Consonants in the End												342	Words	-	11.92%
and	55	ask	1	end	3	adds	11	bags	4	beds	2	begs	1	best	2
bugs	9	dips	1	fact	1	fast	5	fond	1	gets	15	hand	4	help	4
hops	2	hugs	1	jump	5	just	5	kids	1	last	3	left	5	legs	3
lift	1	lips	1	lots	4	must	13	nags	1	nap	2	next	14	nods	5
pals	5	pats	1	pigs	2	pond	22	rest	11	rubs	2	runs	7	sets	10
sits	6	sobs	2	suds	6	taps	3	bench	6	chest	1	chips	4	fills	1
filth	1	locks	1	lunch	19	packs	3	picks	11	puffs	1	tells	21	yells	5
checks	6														
Two Consonants in the Beginning and End												55	Words	-	1.92%
claps	2	drift	2	drips	2	drops	2	frets	1	glint	1	grabs	3	grand	1
grins	5	plans	7	snaps	2	spots	1	stand	2	steps	1	stops	1	trips	2
trots	1	branch	3	grills	1	shrugs	6	smacks	1	smells	2	snacks	5	sticks	1
Three Consonants in the Beginning												15	Words	-	0.52%
scrub	13	string	2												
Three Consonants in the End												57	Words	-	1.99%
asks	9	gulps	2	hands	27	helps	1	jumps	11	lifts	1	pants	3	rests	1
yelps	2														
Three Consonants in the Beginning and End												2	Words	-	0.07%
sprints	2														
Two and Three Consonants												8	Words	-	0.28%
blasts	2	scrubs	5	stands	1										
DOUBLE Consonants / FLOSS RULE												126	Words	-	4.39%
-dds												11	Words	-	0.38%
adds	11														
-ff												9	Words	-	0.31%
off	8	stuff	1												
-ffs												1	Words	-	0.03%
puffs	1														
-ll												69	Words	-	2.40%
tell	2	well	22	will	31	yell	1	chill	1	grill	7	smell	1	still	3
swell	1														
-lls												30	Words	-	1.05%
fills	1	tells	21	yells	5	grills	1	smells	2						
-ss												6	Words	-	0.21%
glass	2	grass	4												

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WELDED (GLUED) SOUNDS								50		Words	-	1.74%			
-ang								4		Words	-	0.14%			
hang	4														
-ank								1		Words	-	0.03%			
thank	1														
-anks								1		Words	-	0.03%			
thanks	1														
-ing								19		Words	-	0.66%			
bring	1	swing	13	thing	3	string	2								
-ings								6		Words	-	0.21%			
brings	2	swings	1	things	3										
-ink								5		Words	-	0.17%			
drink	2	think	3												
-inks								11		Words	-	0.38%			
winks	2	drinks	6	thinks	3										
-unk								3		Words	-	0.10%			
chunk	1	trunk	2												
LONG VOWEL - VC EXCEPTIONS (ost / old / ild / ind / olt)								1		Words	-	0.03%			
-ind								1		Words	-	0.03%			
wind	1														
VOWEL TEAMS								34		Words	-	1.18%			
-ey								34		Words	-	1.18%			
they	34														
VOICED / UNVOICED CONSONANTS								263		Words	-	9.16%			
/s/ - /z/								263		Words	-	9.16%			
as	11	is	44	has	12	his	44	adds	11	bags	4	beds	2	begs	1
bugs	9	hugs	1	kids	1	legs	3	nags	1	nods	5	pals	5	pigs	2
rub	2	runs	7	sobs	2	suds	6	fills	1	grabs	3	grins	5	hands	27
plans	7	tells	21	yells	5	brings	2	grills	1	scrubs	5	shrugs	6	smells	2
stands	1	swings	1	things	3										
CONTROLLED -R								10		Words	-	0.35%			
for	10														
SIGHT WORDS (Temporary and Permanent Irregular Words)								548		Words	-	19.09%			
do	18	go	12	of	37	are	12	the	407	you	44	your	18		
SUFFIX -S								291		Words	-	10.14%			
adds	11	asks	9	bags	4	beds	2	begs	1	bugs	9	dips	1	gets	15
hops	2	hugs	1	kids	1	legs	3	lips	1	lots	4	nags	1	nap	2
nods	5	pals	5	pats	1	pigs	2	rub	2	runs	7	sets	10	sits	6
sobs	2	suds	6	taps	3	chips	4	claps	2	drips	2	drops	2	fills	1
frets	1	grabs	3	grins	5	gulps	2	hands	27	helps	1	jumps	11	lifts	1
locks	1	packs	3	pants	3	picks	11	plans	7	puffs	1	rests	1	snaps	2
spots	1	steps	1	stops	1	tells	21	trips	2	trots	1	winks	2	yells	5
yelps	2	blasts	2	brings	2	checks	6	drinks	6	grills	1	scrubs	5	shrugs	6
smacks	1	smells	2	snacks	5	stands	1	sticks	1	swings	1	thanks	1	things	3
thinks	3	sprints	2												

SYLLABLE COUNT

SINGLE SYLLABLE TYPE (For Single Syllable Words Only)										2870	Words	-	100%			
Closed Syllable: VC										2008	Words	-	69.97%			
am	7	as	11	at	6	if	6	in	73	is	44	it	21	on	66	
up	33	us	5	and	55	ask	1	bad	5	bag	6	bed	5	big	6	
bin	1	bit	2	bog	9	bug	1	bun	1	but	14	can	12	cat	64	
cup	1	did	9	dim	2	dip	8	doc	13	dog	1	end	3	fan	3	
fig	1	fix	1	fun	14	get	26	got	15	had	5	ham	1	has	12	
Hig	94	him	8	his	44	hop	5	hot	5	hug	1	jet	1	job	1	
lap	1	let	4	lot	8	mat	15	mud	44	nap	7	Nat	64	nod	1	
not	44	off	8	pen	9	pig	94	Rad	61	rat	61	rid	7	rod	7	
rug	11	run	3	sad	1	set	11	sit	22	six	1	sun	17	ten	1	
tum	5	van	9	wet	1	yes	2	yet	2	yum	2	adds	11	asks	9	
back	11	bags	4	beds	2	begs	1	best	2	bugs	9	chin	3	dips	1	
dish	5	dock	1	fact	1	fast	5	fish	20	flat	1	fond	1	from	5	
gets	15	glad	4	glum	1	grab	3	grin	1	hand	4	hang	4	help	4	
hops	2	hugs	1	jump	5	just	5	kids	1	last	3	left	5	legs	3	
lift	1	lips	1	lots	4	much	2	must	13	nags	1	naps	2	neck	1	
next	14	nods	5	pack	5	pals	5	pats	1	pigs	2	plan	6	plug	1	
plus	1	pond	22	prep	1	rest	11	rock	1	rubs	2	runs	7	rush	1	
sets	10	shed	6	shot	2	sick	9	sits	6	skin	1	sobs	2	spot	5	
step	1	stop	4	suds	6	swim	2	taps	3	tell	2	that	10	them	6	
then	15	this	7	trip	9	well	22	when	12	will	31	wind	1	wish	4	
with	27	yell	1	bench	6	black	1	bring	1	check	4	chest	1	chill	1	
chips	4	chunk	1	claps	2	drift	2	drink	2	drips	2	drops	2	fills	1	
filth	1	fresh	3	frets	1	glass	2	glint	1	grabs	3	grand	1	grass	4	
grill	7	grins	5	gulps	2	hands	27	helps	1	jumps	11	lifts	1	locks	1	
lunch	19	packs	3	pants	3	picks	11	plans	7	puffs	1	quick	1	rests	1	
scrub	13	smell	1	snack	2	snaps	2	spots	1	stand	2	steps	1	still	3	
stops	1	stuck	2	stuff	1	swell	1	swing	13	tells	21	thank	1	thick	2	
thing	3	think	3	trash	2	trick	1	trips	2	trots	1	trunk	2	winks	2	
yells	5	yelps	2	blasts	2	branch	3	brings	2	checks	6	drinks	6	grills	1	
scrubs	5	shrugs	6	smacks	1	smells	2	snacks	5	stands	1	sticks	1	string	2	
swings	1	thanks	1	things	3	thinks	3	sprints	2							
Open Syllable: V										282	Words	-	9.83%			
a	68		38	go	12	he	90	to	73	we	1					
Vowel Team Syllable: VV										34	Words	-	1.18%			
they	34															
R Control Syllable: CVr										10	Words	-	0.35%			
for	10															
NA										536	Words	-	18.68%			
do	18		of	37		are	12		the	407		you	44		your	18

All words in this book are single syllable.